**UNIT I GETTING STARTED WITH FINANCIAL DECISIONS**

**LEARNING FOCUS AND SUPPLEMENTAL RESOURCES**

**Dear students the website and documents are intended to help you. If a link is broken or a video or podcast or anything you encounter is missing or glitchy or no longer available. PLEASE LET ME KNOW!**

**Learning focus UNIT #1**

So how do you get started with life? Set some goals and when you want to get them accomplished by. A Smart goal is a good place to start! In this unit you will learn how to set financial goals, learn about the places to get those goals accomplished and how money and our Nation’s financial institutions assist the economy, so your goals are attainable.

This unit asks students to think about their future, set their goals and use a step-by-step process and explore financial institutions to achieve them. Students will also discover the role of the Federal Reserve in our economic system.

# **1. How to Write SMART Goals (With SMART Goals Templates)** <https://www.lifehack.org/853712/write-smart-goals-template>

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# **2. SMART Goals: Definition and Examples** <https://www.indeed.com/career-advice/career-development/smart-goals>

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# **3. CREATE S.M.A.R.T. GOALS**

<https://www.accrediteddebtrelief.com/blog/create-smart-goals-with-our-free-worksheet/>

# **4. How To: Set SMART Savings Goals** <https://www.financial40.org/financial40/story/746/>

# **5. Goal Setting and Planning**

# <https://podcasts.apple.com/us/podcast/goal-setting-and-planning/id1449617492>

**6. Set Yourself Up for Success**

<https://www.financial40.org/financial40/story/776/>

**7. Tips on Setting Savings Goals**

<https://www.financial40.org/financial40/story/734/>

**8. Financial Goals**

<https://www.msufcu.org/finedu/>

**9. Credit Unions vs. Banks**

<https://ou.financial40.org/financial40/story/109/>

**10. Nature of Money** <http://www.youtube.com/watch?v=HDUyOsZWYYw&feature=BFa&list=PL505FCAF1C4742D87>

**11. Eye of the Storm (the functions of the Federal Reserve)** <http://www.youtube.com/watch?v=ziwut6qm7F0>