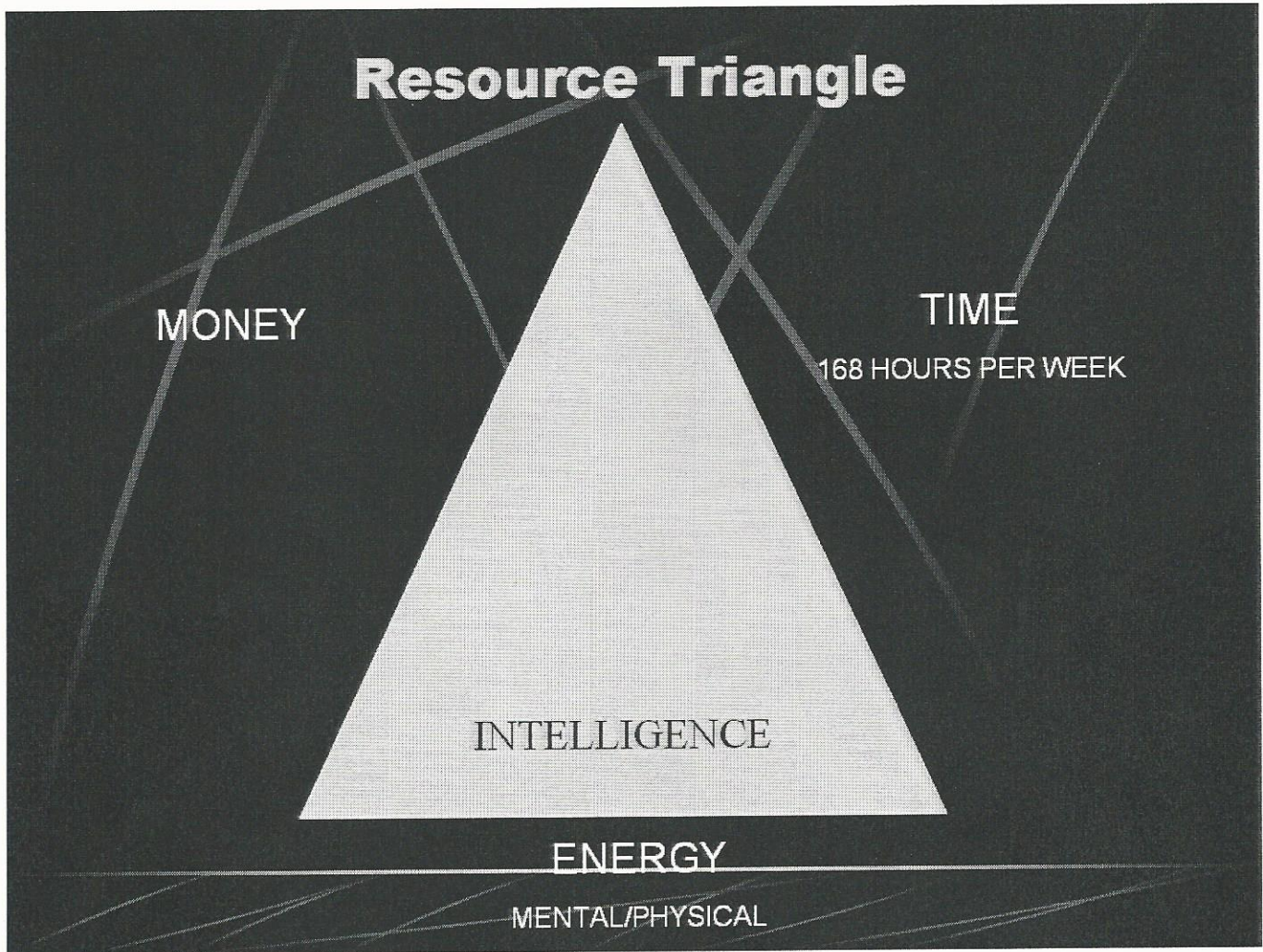


Resource Triangle hand out



Time is money! You'll get out of it what you put into it! If it sounds too good to be true it probably is! There are not enough hours in a day! These are economic truisms that people say. Economics is the science of choice. Every human being has the above resources. They are all scarce. That is, there is not enough of each for you do everything you want. Because there are not enough resources for you to do everything you want, you have to choose. When you choose one thing, you have to give another thing up. The purpose of this exercise is for you to apply the economic decision making models to your personal life and to plan your scarce resources so that you can reach your goals. Be as real as you can. You will be doing this your entire life. It is important to know that resources do not always mean money. You are getting paid for going to school each day. You don't realize that the more you accomplish at school, the more money you will make in the future. My hope is that you use your time in my class wisely, apply your mental and physical energy to the class every day which will in turn develop your intelligence which will pay off in your future!

This page is for you to use when preparing your Goal Setting section. Do not include this when you submit your project!

S

pecific

*great attention to detail; what exactly do I/we hope to accomplish?

M

asurable

*results can be seen; outcomes can be counted; I can weigh results

A

chievable

*can be accomplished with my present strengths and resources

R

esponsible

*worthy of me; relevant to our group; realistic for me/us

T

imely

*important now, with deadlines set; target date is named

THE BIG . 3 .

THAT GUIDE YOUR SPENDING

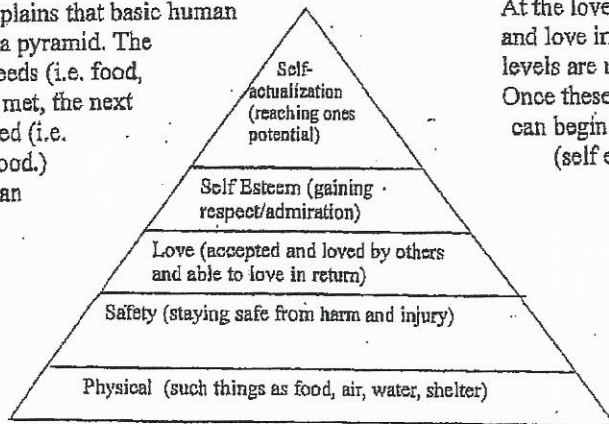
List the things that you spent money on in the last couple of weeks. Then you can think about what guided your spending.

1

NEEDS & WANTS

It's hard to figure the difference between our real basic "needs" and our "wants". Since we can't have everything we "want", decisions must be made.

Psychologist A. H. Maslow explains that basic human needs build on each other like a pyramid. The bottom base meets physical needs (i.e. food, water.) When those needs are met, the next level of safety can be considered (i.e. a man will risk his safety for food.) When a person feels safe, he can build to the next level of love.



At the love level, he can be loved and love in return. These first three levels are usually met by the family. Once these levels are met, a person can begin to feel good about himself (self esteem). Then he can become the most he can be (self actualization).

2 NOW look at the items you purchased and write an "N" beside each item that was a basic physical need. Write a "W" beside each item that was a "want" that you could have done without. Did some items appear to be physical needs, but really met other needs?

VALUES

Now mark a "V" by the values that you hold that are listed below. (Values are qualities or principles that are desirable and have worth.)

- | | | | | | | | |
|-----------|------------|-------------|-------------|---------|------------|----------|--------|
| religion | caring | hard work | education | arts | love | fun | health |
| winning | excitement | music | truth | leisure | security | prestige | beauty |
| 3 sharing | family | money | | freedom | friendship | safety | |
| comfort | ownership | convenience | environment | sports | community | play | |

NOW look at your purchases and see which values are represented by your purchases.

GOALS

NOW

look back at the goals you set. Ask yourself these questions:

1. Did my spending help me reach the goals I set for myself?
2. How much money did I save to reach my goals?
3. What alternatives could I have chosen?
4. What changes can I make to help me reach my goals?

PLAN for your future

If you don't know where you're going, you'll never get there!

Try setting some personal goals that will take you step by step toward the life you want to have. Goals can be personal (i.e. social, educational, or financial.) Short term goals can be completed in 0-4 weeks. Medium term goals take from 2 months to a year. Long Term goals are completed in more than one year. Below write three goals for each time frame, write your goals using the SMART goals handout. Prioritize your goals by putting the most important, beside #1 beside #2 the next, #3 as the least. Now plan how to accomplish the goals you consider most important for each time frame. Then consider your resources that you have that you will need to accomplish those goals using the resource triangle hand out. Then you can create a time line for reaching the goal.

SHORT TERM GOALS

MEDIUM TERM GOALS

LONG TERM GOALS

1. _____
2. _____
3. _____

SHORT TERM GOAL: _____ Estimated Cost _____ Target Date _____

STEPS TO TAKE TO REACH GOAL: _____

WHERE TO GET HELP TO ACCOMPLISH GOAL: _____

OTHER WAYS TO REACH GOAL: _____

MEDIUM TERM GOAL: _____ Estimated Cost _____ Target Date _____

Resources Still Needed _____ Money or Resources to devote each week: _____

STEPS TO TAKE TO REACH GOAL: _____

WHERE TO GET HELP TO ACCOMPLISH GOAL: _____

OTHER WAYS TO REACH GOAL: _____

LONG TERM GOAL: _____ Estimated Cost _____ Target Date _____

Resources Still Needed _____ Money or Resources to devote each week: _____

STEPS TO TAKE TO REACH GOAL: _____

WHERE TO GET HELP TO ACCOMPLISH GOAL: _____

OTHER WAYS TO REACH GOAL: _____

PERSONS WHO CAN HELP YOU REACH GOAL: _____

FURTHER INFORMATION THAT I NEED TO ACCOMPLISH GOAL: _____

TIME TABLE: _____

WHAT'S YOUR COST OF LIVING?

Directions: Think about your life and the things you spend your money on. Please calculate a monthly expense for each of the categories below. If an expense does not apply to you please put a zero on the line provided. If it is easier to calculate a weekly expense do that and multiply by 4. If it is easier in some categories to think of your yearly expense, do that and divide by 52. Please be as careful & accurate as you can. If your parents pay for certain expenses use the amount they pay for you in each category and put a P next to each number. (be sure to calculate and include your parent contribution to your expenses in your income) **IMPORTANT: YOUR BUDGET MUST BALANCE OR YOU WILL LOSE A SIGNIFICANT AMOUNT OF CREDIT!**

EXPENSES= money going out

- _____ GAS

- _____ CAR MAINTENANCE & REPAIRS

- _____ CAR INSURANCE

- _____ CAR PAYMENTS

- _____ LUNCH AND/OR MEALS

- _____ BEVERAGES (SODA, TEA, PROPEL, ENERGY DRINKS, COFFEE, ETC)

- _____ FAST FOOD, JUNK FOOD, CANDY, GUM, SNACKS, ETC

- _____ MUSIC DOWNLOADS, CDS, VIDEO GAME & MOVIE RENTALS, MAGAZINES,ETC

- _____ CELLPHONE, TEXTING AND RELATED COMMUNICATION EXPENSES

- _____ ADMISSION TO EVENTS—CONCERTS, PLAYS, SPORTING EVENTS, DANCES, MOVIES ETC

- _____ CLOTHING

- _____ PERSONAL CARE PRODUCTS & SERVICES—MAKE UP, HAIRCUTS, NAILS, ETC

- _____ GIFTS TO FRIENDS & FAMILY

- _____ SAVINGS

- _____ OTHER EXPENSES NOT LISTED—PLEASE BE SPECIFIC

- _____ TOTAL MONTHLY EXPENDITURES _____ TOTAL ANNUAL EXPENDITURES

INCOME=money coming in to pay for things. Monthly means each month. Annual means over a year.

- _____ WAGES
Where do you work? What is your hourly wage? How many hours did/do you work?

- _____ GIFTS

- _____ ALLOWANCE

- _____ INTEREST ON SAVINGS, STOCKS, ETC

- _____ OTHER INCOME NOT LISTED—PLEASE BE SPECIFIC (example parent contribution)

- _____ TOTAL MONTHLY INCOME _____ TOTAL ANNUAL INCOME